



The Prairie View Community Association (PVCA) offers programs for the local community and the city as a whole. The Association provides programs that make our local community safe, fun, and enriching for all. We run programs for all ages and interests. The PVCA offers affordable programs in our community.

Please join us on Registration Night to sign up for your favourite activity or through our online store at pvca.ca/shop to register or purchase a membership. Or email us at contactus@pvca.ca. Online registration is open from January 15th to 22nd, 2024 or until programs fill up.

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PVCA Winter Program Registration

Tuesday, January 14, 2025

McLurg School - 125 Paynter Cres.

Registration: 7:00 - 8:00 PM



The PVCA proudly offers a \$750 scholarship that is available to Grade 12 students attending high school in Regina, or young people up to age 21 continuing their education who lives in the Prairie View area. To apply, please see full details at www.pvca.ca and submit applications to contactus@pvca.ca by May 15, 2025.

Winter 2025 Program Highlights and Details

- **Parent/Youth Dodgeball** – A dodgeball program to keep families active, parents are welcome and encouraged to participate with their children (parents free with child registration).
- **Flag Football Skills and Drills** - Get a jump start on the flag football season with conditioning work and specific drills. Pass, catch, pull flags, and have fun.
- **Regina Shintani Wado Kai Karate** – Organization offers many levels of training and experience. Together we can build you up in a family-based atmosphere. All questions can be directed to Ryan MacDonald ryguy_1@sasktel.net.
- **Drop-in Pickleball** – Join us for drop-in pickleball. One court dedicated to learn-to-play from 6:30-7:30 pm. Bring your own equipment or use some of ours.
- **Weights and Drills with Lee** – Combining cardio, weights & bodyweight. Alternate exercises available.
- **Low-impact Latin-Inspired Dance Cardio Class** – Join Kerri for a fusion of Latin and fun modern beats of low impact cardio exercise to burn calories and have fun.
- **Beginner Yoga with Fran** - Open to all levels, all bodies, all capabilities. Gentle but active class. Bring your own mat and comfortable clothes.
- **Youth Volleyball Conditioning** - Warm up for the upcoming season, bring your own ball to work with a partner or on your own to improve skills. Short scrimmage game at the end.

Family & Community	Ages	Day	Dates	Times	Location	Cost
Parent/Youth Dodgeball	8-12 yrs.	Weds	Jan 22 – April 30	7:15 - 8:15 pm	McLurg School	\$20 per family
Regina Shintani Wado Kai Karate	8-14+ yrs. 13+ yrs.	Tues	Jan 21 – May 27	7-8 pm 8-9 pm	McLurg School	\$200 or \$400 family
Regina Shintani Wado Kai Karate “Just for Kicks”	5-8 yrs.	Tues	Jan 21 – May 27	6:30 – 7 pm	McLurg School	\$110 or \$200 family
Children & Youth						
Flag Football Skills and Drills	8 – 14 yrs.	Sun	Feb 2 – Mar 16	9 - 10 am	McLurg School	\$40
Youth Volleyball Conditioning	13 – 18 yrs	Thurs	Jan 23 – Mar 27	7:15 - 8:30 pm	McLurg School	\$20
Adult						
Drop-in Pickleball	16+ yrs.	Mon	Jan 20 – May 12	6:30 – 8:30 pm	McLurg School	\$5 fee/ session
Weights and Drills with Lee	16+ yrs.	Wed	Jan 15 – April 16	6 – 7 pm	McLurg School	\$65
Low-impact Latin-Inspired Dance Cardio Class	16+ yrs.	Thurs	Jan 23 – May 1	6:15 – 7 pm	McLurg School	\$50
Beginner Yoga with Fran	16+ yrs.	Sun	Jan 19 – April 27	4 - 5 pm	McLurg School	\$45

Message from PVCA Chair

Thank you to all who participated in our first ever Prairie View Community Association political forum! It was a well-attended event, giving residents a chance to ask questions of their candidates and make informed decisions before heading to the polls. Thank you to all the candidates who took time out of their busy campaign schedules to answer some challenging questions! Community residents held your feet to the fire.

Congratulations to both incumbents Jason Mancinelli and Lacey Weekes upon their re-election to the city council and school board, respectively. We're looking forward to seeing what your terms bring.

Get ready for registration night on January 14, 7pm at McLurg Elementary School. We're offering a variety of programs this winter. To see the list, visit PVCA.ca. If there's a program not offered that you'd like to see in the future and you know someone who can instruct it, feel free to send us a message at contactus@pvca.ca.

Anthony Eberle
Prairie View Community Association - Chair



From left to right, Lacey Weekes, Tanis Wilder, Jeff Soroka, Anthony Eberle, Mitchell Oehler, Jason Mancinelli, Reid Hill and Lise Merle.



For information on West Zone Board Community Programs for Winter 2025 please visit their website at www.westzoneboard.ca

Prairie View Snow Angels



THE PV SNOW ANGEL PROGRAM IS A CITY-SUPPORTED, COMMUNITY INITIATIVE UTILIZING THE POWER OF VOLUNTEERS TO HELP CLEAR SNOW IN OUR COMMUNITY THROUGHOUT THE WINTER. IT WAS DEVELOPED TO ASSIST HOUSEHOLDS WHERE ONE OR MORE MEMBERS EXPERIENCE BARRIERS TO SHOVELING SNOW FROM THEIR PROPERTY AND WHO WOULD NOT OTHERWISE BE ABLE TO ACCESS SNOW REMOVAL SERVICES.

IF YOU OR SOMEONE YOU KNOW COULD UTILIZE THIS PROGRAM,
OR YOU WOULD LIKE TO VOLUNTEER WITH US
PLEASE CONTACT
pvsnowangels@gmail.com

Visit our website for more info at PVCA.ca

Thank-you to the City of Regina for making this program possible!



Message from Lacey Weekes – Trustee on the Board of Education for Regina Public Schools

It's an honour to serve as your Trustee. I would like to take this opportunity to talk about the role of a Trustee. School boards lead community, school and school division staff, and students in shaping the future of education in the community by setting the direction. We develop and approve the strategic plan, review and approve resourcing largely through the annual budget, set the risk appetite and approve policies to guide staff. Most importantly, we maintain strong relationships with the communities we represent to reflect the communities' spirit and values to ensure we are making decisions that are best for students.

Since the new Board was elected on November 13, we have been busy developing board structure. Adam Hicks was acclaimed as Chair, and I was acclaimed as Vice-Chair. All Trustees will sit on the Priorities, Planning and Policy Committee with Sarah Cummings Truskowski as Chair. All Trustees sit on the Indigenous Education Advisory Council with me as Chair. Tracey McMurchy, Cindy Anderson, Brandon-Shea Mutala, and Adam Hicks will sit on the Audit & Risk Management Committee. Adam Hicks and I will serve on the School Board/City Council Liaison Committee. Brandon-Shea Mutala will serve as the Public Section Representative with the Saskatchewan School Board Association.

Please feel free to reach out with any questions or concerns. I always welcome the opportunity to talk about public education. You can reach me on my cell at 306-529-1236 or email lacey.weekes@rbe.sk.ca

Until next time – Your Trustee,
Lacey Weekes- Regina Public School Board