



Community Association

The PVCA is a group of community members like yourself who offer up their time to benefit the community as a whole. This year the PVCA has an urgent need for new Events, Facilities, and Program Coordinators to be able to continue its operations.

Our executive group meets the first Monday of every month. We are always looking for new people to join our association, so if you have time to spare and want to get involved, please email us at pvca@sasktel.net and one of us will be happy to get in touch with you!

The PVCA offers affordable programs in our community. Please join us on Registration Night to sign up for your favourite activity and meet new people in the community.

Thanks to everyone who came out and made our 2016 Fall and Winter Program Registrations so successful!

Our Fall 2017 Program Registration Night and our Annual General Meeting will take place on Tuesday, September 12th. Look for our program guide in our next newsletter!

AGM - 6:30pm Program Registration - 7pm



City-Wide Registration Information

To participate in any city-wide community association program, the following basic conditions apply:

- -A community association membership is required from your local community association. The membership is now \$10 per household and expires each year on August 31st.
- -Community memberships are non-refundable.
- -Registration for each program is processed on a first-come, first-served basis. Each class will have a minimum required amount of participants to run.
- -Registration will not be accepted by phone or email. If you are unable to attend on the scheduled registration night, it is possible to have a friend or family member register for you.
- -Registration forms for programs that you wish to take that are offered through another community association are to be filled out at the PVCA registration night (without payment). You will be contacted by the association offering the program only if there is still space available, at which time payment arrangements can be made. Please note that priority is given to local residents of a community association when establishing the list of participants.

PVCA Executive Committee

Chairperson	Daren Drummond
Vice-Chair	Gwen Barschel
Secretary	Corinne Wesley
Treasurer	Kayla Edgerton
Facilities Coordinator	Vacant
Program Coordinator	Vacant
Event Coordinator	Vacant
Newsletter Editor	Jon Hayward
Membership Coordinator	Gwen Barschel
Sign Coordinators	Janine and Brandon Chay
Community Consultant - West	Tawna Ranalli Phone (AM): 306-777-7363
Volunteers	Aaron Jones (donation of the PVCA website), Michael and Amelia Christopher, Tara Schmiedge (Sign Changers)

Scholarship News!

The PVCA is proud to offer one \$500 scholarship for post- secondary education. It is open to grade 12 students from Riffel, O'Neil, Winston Knoll or Thom schools, provided the individual lives in the Prairie View area. We are also making it available to young people up to age 22, who will be continuing their education.

Emphasis will be placed on the applicant's volunteer activities.

Application details will be available from school guidance counsellors or by contacting the PVCA via email: pvca@sasktel.net. The deadline for applications is May 15th, 2017.

In addition, each year, a Community Spirit Award is awarded at McLurg Elementary and Ruth M Buck Elementary.

About Prairie View

Prairie View Neighbourhood is a family-oriented residential area situated on the City limits in the central northwest sector of the City between Ring Road on the north and the CN railyards to the south. It is a westward extension of development from Normanview West.

The neighbourhood developed rapidly between 1971-1985 period. The predominate housing type is single-detached (88 per cent) with the remainder being apartment buildings. Population levels are still increasing with new residential development and family formation. Population increased significantly from 1991 to 1996, growing by 6.3 per cent. The two largest age groups include the 35-44 year and 5-19 year age groups.



Just search for "Prairie
View Community
Association" and send us
a Membership Request!

2017 Fall PVCA Trade Show

The PVCA is very excited to be hosting our very first trade show this fall! We're looking for vendors, craftspersons, and artisans to showcase their goods on Saturday, November 4th!

Tables

6 foot - \$30

12 foot - \$50

Contact us at pvca@sasktel.net to book your table as they will go fast!





Regina West Zone Recreation & CSD Board Inc.

1127 Arnason Street North Regina, Saskatchewan S4X 3V4

306-791-0226 wzb@sasktel.net www.westzoneboard.ca

REGINA WEST ZONE TAEKWON-DO Experience the Power of Confidence!

West Zone Taekwon-Do offers classes orientated towards a recreational family program for fitness, co-ordination and self discipline, while learning the art of Taekwon-Do Self Defence. Master Clint Norman (ITF 8th Dan Black Belt) and his assistants provide instruction.

Taekwon-Do is not only physical training. It also teaches the student to observe and put to use the "TENETS OF TAEKWON-DO" – COURTESY, INTEGRITY, PERSEVERANCE, SELF-CONTROL and INDOMITABLE SPIRIT. Taekwon-Do training for children and teens results in improved physical and mental fitness as well as a heightened level of confidence and self-esteem and will surely aid in the development of successful and respected members of the community. Adults of all ages can benefit from the exercise leading to improved fitness and enjoyment of a healthier lifestyle.

Come out & experience the power of confidence through the art of Taekwon-Do!

ONGOING REGISTRATION: Register in person at any class - Attend any class as a spectator or wear sweat pants and a T-shirt to participate as a beginner.

Quarterly Registration Winter – January

Spring – April

Summer – July (no Sunday classes/location TBA)

Fall - October

COST: First Time Registrations \$250 (Includes dobok, manual, fees, and ITF membership)

Returning members:

1st Family Member - \$180/3 month session 2nd Family Member - \$140/3 month session

Additional Family Member(s) - \$100/3 month session

LOCATION: Henry Janzen School - 222 Rink Avenue

CLASS TIMES	Beginner Belts:	Intermediate Belts:	Senior Belts:
Sundays	(1:00 - 2:00 pm)	(2:00-3:00 pm)	(2:00-3:00 pm)
Mondays	(6:00 - 7:00 pm)	(7:00 - 8:00 pm)	(8:00 - 9:00 pm)
Wednesdays	(6:00 - 7:00 pm)	(7:00 - 8:00 pm)	(8:00-9:00 pm)

For further information contact Regina West Zone Taekwondo at <u>wztaekwondo@gmail.com</u> or call 306-525-0005, or the West Zone Board at wzb@sasktel.net or 306-791-0226.



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FALL HOCKEY SCHOOL

(Formerly Rosemont Mount Royal Community Association Hockey School)

The WEST ZONE BOARD is pleased to offer the hockey players in our community a quality and inexpensive Hockey School in the Fall.

Session will run 4 week-ends (Saturdays & Sundays)

Classes - Saturday, September 2 to Sunday, September 24, 2017

REGISTRATION: FEBRUARY 1 – AUGUST 18, 2017

Ages: 6 - 10 years

Drop off:

Time: Varies – See Below

Full Hockey Equipment is required. Hockey equipment or apparel is **NOT** included.

September 2 & 3
September 9 & 10
September 9 & 10
September 16 & 17
September 23 & 24
September 23 & 24
September 23 & 24
September 24 & 3
September 25 & 24
September 26 & 3
September 27 & 27
September 27 & 28
September 28 & 24

COST: \$150.00 plus a Community Association Membership number (expiring in 2018) OR include \$10 membership fee. Make cheques payable to the West Zone Board.

For more information please contact Diana at the West Zone Board office, <u>wzb@sasktel.net</u> or 306-791-0226, or visit the website <u>www.westzoneboard.ca</u> under 'Programs'.

> Registration Form < WEST ZONE BOARD HOCKEY SCHOOL

Participant Name:	Phone Number:
Address:	Postal Code:
Email:	
Age at September 1st:	
Community Association that you reside in:	
Name of Parent/Guardian [PLEASE PRINT]:	
Signature of Parent/Guardian:	
Mail to: West Zone Board Hockey School, 1127 Arnason Street No	orth Regina, Saskatchewan S4X 3V4

www.pvca.ca E-mail: pvca@sasktel.net

At the West Zone Board office located in the North West Leisure Centre

^{*}Times and location can change.



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INTRODUCING THE MCLURG SCHOOL PLAYGROUND REDEVELOPMENT PLAN

Our project began with the need to replace the primary play structure at McLurg School. Due to the age and deterioration of this structure, it will be removed In June of 2017. Subsequently, we will then install new playground equipment which is CSA and ADA compliant. The surrounding ground covering will be upgraded from pea rock to wood mulch and framed off with wood timbers and a wheelchair accessible ramp to permit easy access to the new structure for children of all abilities. This will finalize Phase 1 of our initiative which is projected to be completed by June 30, 2017.

During our planning process, it was decided to continue to update the schoolyard by transforming it into a more welcoming, park-like and community minded location. To do this we will build upon existing elements with the addition of an outdoor classroom, natural play pit, adventure play mounds, as well as trees, shrubs, grass, and pathways. These phases (2-4) will be completed as funding allows.

We need your help! Do you work for, or are you connected to a corporation or business that is community-minded and willing to contribute to the McLurg Playground Redevelopment Project? Are you interested in making a family or group donation? All donations over \$25 will receive a tax deductible receipt. Any donations over \$500 will be acknowledged on a commemorative plaque located near the new play structure as well as on our Facebook page and in our school and community newsletters.

Thank-you for your interest in helping our community grow!

INVITING NEW PARK SPACE FOR OUR COMMUNITY TO ENJOY

-NEW ADA
COMPLIANT &
WHEELCHAIR
ACCESSIBLE
PLAYGROUND
EQUIPMENT

ADDITION OF TREES, SHRUBS, GRASS, ETC.

For more information or

TO MAKE A DONATION

Please contact:

vsawcyn@sasktel.net

or visit our facebook page @

www.facebook.com/MSCCpage

The McLurg School Playground Committee would like to thank our major sponsors:

- Community Initiative Fund
- Sherwood Co-op
- Farm Credit Canada
- Prairie AdvertisingSuperior Garage
- Blossom Communications
- Leon & Edith Friesen
- McElhanney
- Walmart Canada



McLurg Elementary School

125 Paynter Cres - Regina, SK S4X 2A9 - 306-791-8496

Proud Name, Bold Destiny

Advertise with Us!

The PVCA Newsletter is published in two print editions (Fall/Summer and Winter) and one online only edition (Spring) every year. Almost 3000 copies of the Fall print edition are delivered by volunteers in Prairie View, Normanview West, Westhill, Edgewater, and Fairways West.

Advertising Rates for Fall 2017:

1/8 Page (business card size) - \$20 1/4 Page - \$40 1/2 Page - \$80 Full Page - \$160

Note: The cost includes an advertisement on www.pvca.ca, until the end of the current advertising period (i.e.: A Fall ad purchase will remain online until the Winter newsletter is printed). We offer unlimited updates to the online ad. Simply email your new copy to pvca@sasktel.net and we will make the change.

Deadlines for submissions:

January (Winter) issue - November 30th April (Spring) issue - *online only* - March 30th September (Fall) issue - July 31st





Join Today for FUN & FRIENDSHIPS



www.girlguides.ca

Sparks 5 & 6 years Brownies 7 & 8 years Guides 9-11 years Pathfinders 12-14 years Rangers 15-17 years Adults 18+

306-352-8057

Girl Guide Cookies originated right here in Regina in 1927!





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Phone (306) **206-1246** 1148 Dorothy St. www.pharmacywest.ca

PHARMACY WEST

Your neighbourhood pharmacy, located at the corner of Sherwood and Dorothy.

Services:

Prescription Filling
Free Citywide Prescription Delivery
Free Compliance Bubble Packing and
PACMED strip packaging
Prescription Compounding
and
Belgian Cleaners & Tailors Depot

Call and ask how to transfer your prescription!



Norwest Place Housing Co-operative 6340 Engel Dr., Regina, SK

Looking for affordable housing?

- 2 bedroom units for 55 plus couples,
- · fully retired seniors, non smoking, no pets
- Active, able to contribute to the functioning of our co-operative bldg.

Call our office and leave a message. Tel: 306-543-5758

Circle of Security Parenting Series

Explore the Challenges of Parents

Learning Objectives:

-Understanding your child's emotional word by learning to read their emotional needs
 -Supporting your child's ability to successfully manage emotions
 -Enhancing the development of your child's self esteem

For more information about these objectives: please go to https://youtu.be/F6DhnbgRAOo.

2016/2017 Schedule

You are invited to attend one of the following sessions on Tuesdays from 7-9pm for 6 weeks:

September 20 – October 25 November 8 – December 13 January 10 – February 14 February 28 – April 4 April 18 – May 23

Where

WestHill Baptist Church 8025 Sherwood Drive

To Pre-Register

Call 306-775-1616 or email: sstlange@sasktel.net

Limited Seating, Adults Only

Please Note: This program is also very beneficial for anyone who is a caregiver of young children, including: foster parents, daycare workers, grandparents, etc.







E-mail: rcba@sasktel.net Facebook: RCBA Hoops



Camp Tamarack Education in the Great Outdoors

Camp Tamarack, the only camp of its kind in Western Canada that combines and integrates academic, recreation and social-emotion development. This focus is what creates a unique therapeutic camp enviornment for youth with academic difficulties.

- *3 hours of academic instruction five days a week
- *Social Skills Development
- *Enhances self-esteem/self confidence
- *Develop skills leading to more independence
- *Recreational Activities including archery, canoeing, swimming, Phys. Ed., nature studies, and Arts Education

For dates, cost and additional information call the Tamarack office at 975-0855 or email

camp@tamarackfoundation.ca



